### 11AM-8PM

### GF = GLUTEN FREE BY REQUEST // V = VEGAN BY REQUEST

# VITAL ROOT

# BREAKFAST ALL DAY 9-11AM

**GF** = GLUTEN FREE BY REQUEST **V** = VEGAN BY REQUEST

### **SWEETS**

### **GF PUMPKIN BREAD FRENCH TOAST 13**

pomegranate maple syrup, coconut granola, chagaccino yogurt

### **SAVORY**

### **GF/V EGG SANDWICH 11.5**

fluffy Vital Farms egg, Impossible sausage, chive pesto. smoked gouda, sriracha aioli

### **GF/V BREAKFAST BURRITO 12**

scrambled *Vital Farms* egg, rice, black bean, plant-based chorizo, smoked gouda, cherry tomato pico de gallo, green chili, cumin-lime crema

### **GF BANH MI BREAKFAST TACOS 11.5**

scrambled egg, edamame "pâté," pickled vegetables. ialapeño. *Sriracha* aioli, fresh herbs

### **GF TURKISH EGGS 13.5**

soft boiled Vital Farms egg\*, grain mix, garlic labneh, red onion agrodulce, chili oil, brussel salad, naan

### **SIDES**

UMARO SEAWEED "BACON" 4 VITAL FARMS EGGS\* (2) 5 AVOCADO 4 IMPOSSIBLE SAUSAGE 4 **GREEN CHILI 4 HOME FRIES 6** 

Please notify us of any allergies, not all ingredients are listed. Due to the nature of restaurants & cross contamination, we are unable to guarantee a 100% allergy free

\*These items may be served raw or undercooked based on your specification, or contain raw or undercooked ingredients. Consuming raw or undercooked meats, poultry, seafood, shellfish or eggs may increase your risk of foodborne illness.

### **BOWLS**

### **GF/V MISSION BOWL 16.5**

brown rice, black beans, corn avocado, cumin-lime crema

#### GF/V VITAL COBB\* 12/19.5

Vital Farms egg, Umaro seaweed "bacon," BeatBox greens mix, feta, lentils, mung beans, dates, almonds, tomato, togarashi ranch, sesame batter, cashew ranch, maple mustard

### GE/V VITAL PAD THAI 18.5

scrambled Vital Farms egg, green papaya, brussels sprouts, pickled veg, thai chili paste, peanuts, cilantro

#### **GF/V ORANGE TOFU BOWL 16.5**

brown rice, broccoli, nori cashews, shaved brussels sprouts

#### **GF/V MUSHROOM SESAME RAMEN 15.5**

soft egg\*, mushroom "meat," bok chov, radish, lemongrass tofu, nori

### ADD ON PROTEINS -

#### ANIMAL PROTEIN

ANTIBIOTIC FREE CHICKEN (50Z) 6 VITAL FARMS EGGS (2) 5 BRAISED PORK 6

### PLANT-BASED

DARING PLANT-"CHICKEN" 5 PLANT-BASED CHORIZO 4 LEMONGRASS TOFU 4 UMARO SEAWEED BACON 4 AVOCADO 4

# **HANDHELDS**

#### GF/V SMASHED IMPOSSIBLE BURGER 12

grilled onion, sriracha aioli, american cheese, pickles

### **GF/V CHICKEN BACON RANCH WRAP 16.5**

avocado, beatbox greens mix, tomato, togarashi ranch, house naan

#### **GF/V BAHN MI TACOS 14**

lemongrass tofu, edamame "pâté," pickled veg, jalapeño, sriracha aioli, fresh herbs

#### **GF/V FALAFEL WRAP 16.5**

fava bean falafel, feta, cucumber, tomato, tzatziki, tehina, house naan

You will also notice a 3% Denver Employee Benefits Surcharge added to your check. This is not a gratuity. Why? In the spirit of transparency, 100% of this surcharge goes towards the continued support of our teams' benefits (see QR code for full list).



### **SMALLS**

# GF/V KOREAN BBQ VEGGIE "WINGS" 13.5

smoked broccoli & cauliflower. sesame seeds, cashew ranch

### GF/V FRIED OYSTER MUSHROOMS 9.5

### **GF/V SWEET POTATO WAFFLE FRIES 7**

tossed in hot honey or maple mustard +2

### GF/V CASHEW "QUESO" NACHOS 13.5

black beans, jalapeño, onion, cabbage, cilantro, Raquelitas tortilla chips

# **SWEETS**

### **GF/V TIRAMISU 8**

lady fingers, raw cacao, espresso, rum, coconut cream

### **GF/V MATCHA HALVA FUDGE 5**

mediool date, white chocolate, sesame

### GF/V HEMP CACAO COOKIE 5

cocoa nib, hemp butter, almond

### **GF/V NO BAKE CINNAMON ROLLS 6.5**

mediool dates, almond flour, cashews, pecans

### **GF/V PEANUT BUTTER TAHINI COOKIE 4.5**

peanut butter, tahini, sesame seeds

# KIDS MENU 9

### **CHOICE OF**

Sweet Fries or Veggies Whole Milk or Apple Juice

COUNTRY FRIED TOFU (GF/V) OR CHEESE QUESADILLA (GF/V) OR FALAFEL & VEGGIES (GF/V)

In the spirit of creating a balanced and unified workplace, all gratuities are shared between all front & back of house staff

### **COFFEE & TEA**

DRIP 3

ESPRESSO 3

LATTE 5.5

AMERICANO 4

CAPPUCCINO 5.5



VAIL MOUNTAIN CO ICED TEA 5

#### **CODA COFFEE**

HAPPY HOUR

JOIN US FOR

MON-FRI 3pm-5pm

**KIDS EAT FREE\*** 

**\$9 KOREAN BBQ VEGGIE "WINGS"** 

**\$8 BANH MI TACOS** 

\$8 CASHEW "QUESO" NACHOS \$7 FRIED OYSTER MUSHROOMS

\$1 OFF SELECT BEER

**\$6 COCKTAILS** 

\*Kids Eat Free Dine-In Only. Kids Under 12 \*Happy Hour Is Available for Dine-In Only\*

# BHAKTI CHAI 6

SPORTEA 5

CHAGACCINO 6.5

MATCHA LATTE 5.5

HOUSE LEMONADE 6

beet berry

SATI COLD BREW 6

### **SMOOTHIES**

GF/V BLUEBERRY & AÇAÍ 6/11

almond butter, banana, hemp seeds, strawberry, basil

GF/V GREEN GINGER 6/11

avocado, kale, spinach, parsley, spirulina, cashews, pineapple

**GF/V CHOCOLATE TAHINI 6/11** 

almond milk, sesame, coconut, cocoa

# **COOKIES & THINGS**

**GF/V TIRAMISU 8** 

lady fingers, raw cacao, espresso, rum, coconut cream

**GF/V MATCHA HALVA FUDGE 5** 

medjool date, white chocolate, sesame

GF/V HEMP CACAO COOKIE 5

cocoa nib, hemp butter, almond

GE/V NO BAKE CINNAMON ROLLS 6.5

medjool dates, almond flour, cashews, pecans

**GF/V PEANUT BUTTER TAHINI COOKIE 4.5** 

peanut butter, tahini, sesame seeds

### **COCKTAILS**

**HIBISCUS MARGARITA 9** 

tequila, simple syrup, lime

**GIN LEMONADE 9** 

beet powder, mixed berry syrup, lemon

CITRUS INFUSED OLD FASHIONED 9

bourbon, black walnut bitters, orange

**JIANT HARD KOMBUCHA 9** 

passionfruit elderflower

### **BEERS**

**GRAND TETON PARKS IPA 6** 

EPIC LOS LOCOS MEXICAN-STYLE LAGER 7

HOLIDAILY FAVORITE BLONDE 8 100% GF

**CLIMB PEACH CIDER 7** 

# **WINE**

CONO SUR SAUVIGNON BLANC 8/27

**VEGAN** 

CONO SUR PINOT NOIR 9/31

**VEGAN** 

PRATSCH ROSÉ 9/31

VEGAN

# 3 WAYS TO ORDER FOOD & ALCOHOL

**ORDER ONLINE & PICK-UP** 

Help support us. This option saves us 20% + on delivery fees.

OR

PICK-UP

Call 303-474-4131 to order with one of our humans.

OR

**DELIVERY VIA DOORDASH** (alcohol not available)

Find us on the app and let the food come to you.



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In the spirit of creating a balanced & unified workplace, we implement a tip pool for our entire service team including our back of house